

## **SATURDAY MORNING SEMINAR PROGRAM**

**Character Education Resource Center**

**in cooperation with the Department of Counseling & Marital & Family  
Therapy, offering an M.A. in School Counseling**

**April 27, 2019**

**USD (free parking), Mother Rosalie Hill Hall, Rm127**

### **AN INVITATION TO CURRENT AND FUTURE SCHOOL COUNSELORS, TEACHERS, AND ADMINISTRATORS**

**8:15 – 8:30 am Snacks, Registration**

**8:30 – 8:45 am Introduction and Welcome**  
**Sarah Hass, Professor of Practice**  
**Edward DeRoche, Director, CERC**

**8:45 – 9:30 am Trauma-Informed Practices**

**Description:** Research is clear that students in every school nationwide experience childhood trauma. How can school counselors lead the way in bringing trauma-informed practices to their school campus? Hear how school counselors in one district collaborated to design a tiered-intervention model for social emotional support, changing school counseling from simply reactionary into comprehensive and proactive service. This trauma-informed system engages staff, students, parents and community partners as a collective impact to improve school climate, attendance, and academics for all students.

Presenter **Stacey Rawson** is a school counselor at Carlton Hills School and Hill Creek School in the Santee School District

**9:40 – 10:35 am High Expectations and College Counseling  
for Urban Youth**

**Description:** What does it mean to be a first-generation student? What does it mean to be a school counselor for high-achieving urban youth and their families? A first-generation student is defined as someone who is the first in their immediate family to attend college. These students and their families usually require extra support in a variety of areas. Learn about how to support families and students through learning the language of higher education, the US education system, financial aid, and the college application process.

Presenter **Betsy M. Pérez** is a school counselor at The O'Farrell Charter School

## 10:45-11:45 am Identity and Fitting Into the World of Work

**Description:** How does knowing about your own strengths, interests, and values help direct your life decisions? Spend a moment in the life of a student by learning more about yourself. We will begin with a quick assessment and spend time unpacking the results using the same activities that you can do with your students. Leave understanding more about yourself and how you can use these activities to empower your own learning and the learning of your students. Connections will be made to how this unit is influenced by ELA standards and project outcomes to help you get time in classrooms with your teachers.

Presenter **Candice Fee** is Project Manager for Youth Advocacy at San Diego Unified School District

## 11:45-12:00

### Closing Remarks:

**Sara Hass, Professor of Practice, USD**

## REGISTRATION

### Students:

\$10/Seminar: Register  
at [character@sandiego.edu](mailto:character@sandiego.edu)

### Others:

\$25/Seminar: Register  
at [Eventbrite](https://www.eventbrite.com)

Character Education Resource Center (CERC)

We are a resource center which means that we are here to meet your needs and interests in the character education of children and youth. Please reach out to us if we can assist you in any way.

Our Motto: If we don't have it, we can get it or create it.

Comment/Critique/Unsubscribe [character@sandiego.edu](mailto:character@sandiego.edu)

