

Spiritual Directors in San Diego County

Online Directories of Spiritual Directors

Spiritual Directors International:

<https://www.sdicompanions.org/find-a-spiritual-director-companion/>

(Listings are not exclusive to San Diego)

Center for Christian Spirituality – USD: www.sandiego.edu or erinbishop@sandiego.edu

Center for Spiritual Development: Sr. Sharon Becker at sbecker@csjorange.org (Ask for list of possible spiritual directors located in your geographic area).

RSCJ Spirituality Center

4822 Del Mar Ave.

San Diego, CA

(619)224-9444

<https://www.spiritmin.org/>

Carmelite Monastery

5158 Hawley Blvd.

San Diego, CA

(619)280-5424

Prince of Peace

Abbey

(760)967-4200

Mission San Luis Retreat Center: www.sanluisrey.org

Dr. Patty Jimenez

Spiritual Direction in either Spanish or English

drjimenez@recetonas.com or <https://recetonas.com/sd/>