RESTORE | THERAPIST SUPPORT GROUP

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8-WEEK ONLINE SUPPORT GROUP PRE-LICENSED AND LICENSED THERAPISTS WELCOME THURSDAYS @ 5:30-7PM PST | JAN-FEB 2024

FACILITATED BY:



Mona Klausing, LMFT



Jenn Hourani, AMFT



LET'S DEDICATE TIME TO OURSELVES

As mental health providers, we strive to support our clients and help them live their preferred lives. Yet sometimes, this focus on others leaves little time and resources for ourselves. If you are a helper in need of self-care, you're not alone! We all need community to help us reflect on our experiences and feel supported in our challenges. Join us in creating a safe, inclusive space to prioritize our ourselves and replenish our energy for helping others.

Licensed and pre-licensed behavioral health professionals (MFTs, LPCCs, MSWs, and Psychologists) are welcome.

A V A N I C O U N S E L I N G . C O M





Sign up with the QR code or link below; we will reach out to schedule a brief intake interview over the phone





Pre-licensed fee: \$240 prepaid Licensed fee: \$360 prepaid Maximum of 6-8 participants

<u>Ouestions? Contact us:</u> mona@avanicounseling.com jhourani@avanicounseling.com

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